

# **THE BOB ALVAREZ RUN FOR YOUR HEALTH PREDICTION 5K**

**Also One Mile Ticker Trot and 800 Meter Fun Run**

**Saturday, April 11th, 2020**

**5K-9:00AM, Ticker Trot One Mile-8:30AM, 800 Meter Fun Run (second grade and under)-8:15AM**

**Fairview Elementary School**

(14060 Blosser Road, Sherwood, OH 43556)

**Benefits Fairview Elementary running club.**

**Distance:** 5K Run/Walk, One Mile Fun Run, and 800 Meter Kids Run

**Location:** 5K-Fairview Elementary School (fast, flat course), Ticker Trot (any age)-high school all-weather track, 800 Meter (2nd grade and under)-high school track

**Time:** 5K-9:00AM, Ticker Trot-8:30AM, 800 Meter-8:15AM

**Fee:** **5K**-\$10.00 pre-registration with t-shirt (first 50 registered) and \$7.00 without t-shirt, Raceday- \$12.00 with shirt while they last and \$8.00 without shirt. **Ticker Trot and 800 Meter Fun Run**- Pre-registration-\$8.00 with shirt, \$5.00 without. Race day-\$10.00 with shirt and \$6.00 without.

**Prizes:** Prizes to top 4 closest predictions and top overall male and female.

**Questions:** Email Curt Foust at [curt.foust@centrallocal.org](mailto:curt.foust@centrallocal.org).

*Please make check out to **Central Local Schools** and send to Curt Foust, Run For Your Health Prediction Run (Fairview Elementary) 14060 Blosser Road, Sherwood, OH 43556.*

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Name \_\_\_\_\_

Address \_\_\_\_\_

Age(as of 4/13/20)\_\_\_ Gender\_\_\_ Shirt (if pre-registering) YS, YM, YL, S, M, L, XL, XXL

Predicted Time (for 5K)\_\_\_\_\_ Email\_\_\_\_\_

**5K Prediction Run**\_\_\_\_\_ **Ticker Trot One Mile**\_\_\_\_\_ **800 Meter Kids Run**

In consideration of the acceptance of my entry, I, for myself, my executors, administrators, and assignees, do hereby release all sponsors and individuals assisting in the presentation of the The Bob Alvarez Run For Your Health Prediction Run for all claims of damages and actions whatsoever in any manner arising or growing out of my participation in this race. I attest and verify that I am physically fit and have completed sufficient training for his event. I acknowledge I have read and fully understand my own liability and do accept these restrictions.

Signature \_\_\_\_\_ Date \_\_\_\_\_

(parent signature if under 18)