

KID'S CROSS COUNTRY RACES-SEPTEMBER 12TH AND 19TH



August 28th, 2018

Dear Parents,

Hello, this letter is in regards to a one mile fun run, half mile fun run, and 400 meter fun run to be held **Wednesday, September 12th and Wednesday, September 19th**. In the past, we have had it before the home cross country meets but there are no home meets scheduled this year. Therefore we picked dates that would work well with our high school and middle school cross country teams because they will be helping. There will be a 400 meter for kindergartners, half-mile for first and second graders and a one mile for third grade and above. ***I am more than willing to make exceptions if a younger student really wants to do a mile and an older student is more ready for the half mile. I just wanted to set a rough guideline but it is important to me that they do a race distance that they will enjoy and want to do again.*** The 400 meters is at **3:50PM**, the half mile will be at **4:00PM** and the one mile is at **4:15PM**. There is no fee and parents or older sibling are more than willing to run. The high school and junior high runners will also help by running with and motivating the runners. The students will not be supervised by myself or anyone else at the race, so supervision will have to be provided by individual parents. This activity is being provided as a fun activity to help promote fitness and hopefully get students interested in exercise, staying active, and running for fitness. Any participants would need to be at the pavilion at the start of the race (located close to the football stadium) by **3:35** as I would like to warm up and stretch with them.

If you have any questions, I can be reached at the school at (419) 658-2511 or curt.foust@centrallocal.org. Thank you very much.

Curt Foust
Coordinator the Fairview Walking/Running Club

Please circle which day your daughter/son will participate: **9/12** **9/19** **Both**

Please circle which race your daughter/son will participate in: **400 Meters-Kindergarten** **Half Mile** **One Mile**

I permit my daughter/son (name, grade, and teacher) _____

_____ to participate in the fun runs. In consideration of his/her participation in this activity, I release the teachers, volunteers, and other school staff of all liability for any injury or danger my child may suffer as a direct or indirect result of his/her participation in this activity.

Signed: _____

Date: _____

